# samsn

SURVIVORS & MATES SUPPORT NETWORK



Australia's leading organisation for male survivors of child sexual abuse

### Who we support

SAMSN's free services and programs are available to male identifying survivors of childhood sexual abuse. Services are also available to supporters of survivors including counselling.

Service providers, government organisations and health professionals can gain trauma-informed insights through our tailored training programs based on lived experience and professional knowledge.



## Talk with a mate who can relate

Survivors & Mates Support Network (SAMSN) is a not-for-profit charity co-founded by male survivors, for male survivors and their supporters. SAMSN offers a range of FREE services. Any man struggling with the effects of child sexual abuse needs to know that it was not their fault and that recovery is possible.

**Our vision** is a society in which male survivors of childhood sexual abuse can easily access peer and professional support.

**Our purpose** is to build a support network that gives voice and agency to survivors and their supporters.

We believe survivors can heal from child sexual abuse, support others to thrive and be leaders for change.

Patron: Robert Fitzgerald AM Ambassador: Rob Carlton











Sign up to our E-Newsletter today

### Free call 1800 472 676

SAMSN respects your privacy. We are committed to protecting and keeping your personal information safe.

SAMSN acknowledges the Traditional Custodians of the lands across Australia upon which we live and work. We pay deep respect to Elders past and present.

#### **Contact SAMSN**

Open Monday to Friday, 9 am – 5 pm. Please be aware SAMSN is not a crisis service.

**Phone:** 02 8355 3711 **Free call:** 1800 472 676

Email: support@samsn.org.au

**Address:** Ground Floor

8-10 Palmer Street Parramatta NSW 2150

Wheelchair accessible 5



To learn more, scan the QR code or visit www.samsn.org.au







### What we offer

### **Eight-Week Support Groups**

Since 2011 SAMSN has delivered more than 100 Eight-week Support Groups for male survivors. These professionally facilitated peer support groups provide practical information and supported discussion to assist participants in their healing and recovery. The groups are free and run at various locations, including online. Held once a week, 6pm – 8pm.

## **Monthly Online Drop-In Meetings**

These professionally facilitated meetings are for men who have completed an Eight-week Support Group. They offer continued connection with other survivors and focus on enhancing support and recovery.



#### **Peer Support Phone Line**

SAMSN's free and confidential telephone service provides male survivors the opportunity to talk with a mate who can relate - another male survivor who can identify with the issues faced by men who have experienced child sexual abuse. All SAMSN's peer support workers have participated in SAMSN's programs and services themselves and are trained to support other men with histories of abuse. For more information and to book, visit our website or call 1800 472 676.

### **Planned Support**

SAMSN provides free and practical support based on individual needs. We work with survivors and their supporters to navigate systems including:

- government agencies such as Centrelink and housing
- Victim Support services
- the National Redress Scheme
- criminal and civil legal service referrals
- Work and Development Orders (WDOs)
- reporting to police, or the online Sexual Assault Reporting Option (SARO)
- accessing short-term counselling
- finding an ongoing counsellor.

### **National Redress Scheme Application Support**

The National Redress Scheme is designed to support people who have experienced institutional child sexual abuse gain access to a monetary payment, counselling and a direct personal response/apology. SAMSN provides free assistance to survivors thinking about applying to the scheme and to those who may have already made an application.

### **Supporters Workshops** and **Groups**

SAMSN is committed to supporting partners, family and friends of survivors. We offer workshops and groups to bring supporters together in a safe, supportive environment to share learnings and enhance personal and relational wellbeing.

### **Consultation and Training**

SAMSN plays a significant role in bringing knowledge and experience to professionals and workplaces. SAMSN combines this knowledge with lived experience to deliver tailored training to organisations and services supporting survivors of child sexual abuse through its workshops and consultations.

